

NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU
Research Programmes during Last Three Years

1. DEPARTMENT OF MOALAJAT

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Khan Ishrat Jahan Sharfuddin	Efficacy of Kabab Chini in Chronic Kidney Disease - A Randomized Controlled Clinical Trial	Prof. M. A. Siddiqui	
2	Nazreen Fatma	Efficacy of Sharbat-e-Afsanteen on Altered Liver Enzymes among Alcoholics – A Randomized Controlled Study	Prof. M. A. Siddiqui	
3	Asia Khanam	Effect of Unani Formulation on Improvement of Left Ventricular Diastolic Dysfunction in Patients of Hypertension	Prof. M. A. Siddiqui	
4	Mariyam Ahad	Efficacy of <i>Habb-e- Shabyar</i> in Hypertriglyceridemia associated with Metabolic Syndrome	Dr. Mohd Aleemuddin Quamri	
5	Fasihur Rehman Ansari	Efficacy of Habb-e-Hindi in Waja-uz-Zohr (Low Back Pain) – A Comparative Clinical Trial with Historical Control	Dr. Mohd Aleemuddin Quamri	
6	S. Nizamudeen	Effect of <i>Pakhanbed (Bergenia ligulata Wall.)</i> as adjuvant in the management of Diabetes mellitus Type-2: A randomized controlled study	Dr. M D Ahmad Bhatt	
7	Musab Ahmad	Efficacy of Majoon Ushba and topical application of Marham Raal in Quba (Tinea Corporis) – A Randomized Standard Controlled Study	Dr. Abdul Mobeen	
8	Mohammad Tarik	Comparative evaluation of efficacy of <i>Habb-e-Suranjan</i> and <i>Habb-e-Gul-e-Aakh</i> with <i>Munzij wa Mus'hil</i> in Knee Osteoarthritis	Dr. Aafreen Siddiqui	
2018-19				
9	Ayesha Tabasum	Efficacy of Unani Formulation in Zeeq-un-Nafas (Bronchial Asthma): An Open Labelled Intervention Clinical Trial	Prof. M. A. Siddiqui	
10	Shehensha Wali Moazzam	Efficacy of <i>Jawarish Shahi</i> in Irritable Bowel Syndrome- An Open Labelled Interventional Clinical Trial	Prof. M. A. Siddiqui	
11	Faisal Habib	Efficacy of Unani Formulation in Dyslipidemia–An Open Labelled Interventional Clinical Trial	Prof. M. A. Siddiqui	
12	Mohd Mikaeel	Clinical Study on the Adjuvant Effect of <i>Majoone Chobchini</i> with Methotrexate in Rheumatoid Arthritis	Dr. Mohd Aleemuddin Quamri	

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13	Mohamed Rasheed Fathima Raziya	Clinical Study on the Effect of <i>Roghan-e-Qust</i> in Carpal Tunnel Syndrome	Dr. Mohd Aleemuddin Quamri	
14	Shabnum Khursheed	Efficacy of <i>Zarawand</i> in Hyperuricemia: A Randomized Standard Controlled Study	Dr. M D Ahmad Bhatt	
15	Abdul Hakeem	Efficacy of <i>Sufoof-i-Tabkheer</i> and <i>Arq-i-Badiyan</i> in Un-investigated Dyspepsia- A Randomized Control Trial	Dr. Abdul Mobeen	
16	Seemab Alam	Efficacy of <i>Lauq Nazali</i> in Allergic Rhinitis- An Open Labelled Interventional Clinical Trial	Dr. Aafreen Siddiqui	
2019-20				
17	Faseeha Eram	Efficacy of Majoon-e-Arad Khurma in Anemia associated with Hypothyroidism – A Randomized Placebo Controlled Clinical Trial	Dr. Mohd Aleemuddin Quamri	
18	Ansari Shabnam Mohd Ashfaque	Effect of Barg-e-Sahajana on Hypothyroidism- A Randomized Single Blind Placebo Controlled Clinical study	Dr. Mohd Aleemuddin Quamri	
19	M.I.F Riyasa	Comparative evaluation of efficacy of Zimad-e-Muhallil and Zimad-e-Nana with Habbe Gul-e-Aakh in Waja-ul-Aqab	Dr. Mohd Aleemuddin Quamri	
20	Mubasheera Begum	Effect of Habbe Gule Aakh in Osteoarthritis Knee- A Randomised Clinical Trial	Dr. Mohd Aleemuddin Quamri	
21	Husain Ahmad	Efficacy of Sumbul-Ut-Teeb in Post Stroke Depression: A Randomized, Double blind, Controlled Trial	Dr. M D Ahmad Bhat	
22	Amjad Saifi	“Effect of Qurs-e-Ziabetes as adjuvant in the management of Type-2 Diabetes Mellitus: A randomized controlled study”	Dr. Abdul Mobeen	
23	Fatima Rafique	Efficacy of Sundrus and Kundur along with Sikanjabeen Sada in Stage 1 Obesity – A Comparative Randomised Controlled Clinical Trial	Dr. Aafreen Siddiqui	
24	Rahul Kumar	A Clinical Study on the efficacy of Kaunch in Oligospermia	Dr. Md Anzar Alam	



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2. DEPARTMENT OF ILMUL ADVIA

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Dr. Rehana Parveen	Antirolithiatic activity of a non-pharmacopeial Unani preparation in experimental model	Prof Abdul Wadud	Dr. Shariq Shamsi
2	Khan Nusrat Bano Nafees Ahmad	Redesigning of <i>Naque Nazla</i> into granules and evaluation of its immunomodulatory and antimicrobial activity-	Prof Abdul Wadud	Dr Hamiduddin
3	Dr Qudsia Zehra	Standardization of <i>Dawae Hilteet</i> and its screening for antimicrobial activity	Dr Ghulamuddin Sofi	-
4	Dr Tabassum	Validation of Mizaj of Zanjabeel in human volunteers: a preliminary study	Dr Ghulamuddin Sofi	Prof Mohd Zulkifle
5	Sayeedur Rehman	Detoxification and Pharmacological Evaluation of <i>Mazaryun</i>	Dr. Najeeb Jahan	
6	Rukhsar Basheer	Evaluation of efficacy of <i>Majoon Musaffie Khoon</i> in experimentally induced haematological disorders	Dr. Nasreen Jahan	
7	Dr Abdul Ghani	Evaluation of antidepressant activity of <i>Habbe Aftimoon</i> in experimental models	Dr Md Imran Khan	
2018-19				
8	Dr Altaf Ahmad	Study of <i>Qurs Zarishk</i> for its hepatoprotective activity in experimentally induced liver toxicity	Prof Abdul Wadud	Dr. Shariq Shamsi
9	Dr Darakhshan Anwar	Evaluation of a non pharmacopeial Unani formulation containing <i>Bartang, Reetha</i> and <i>Methi</i> for its antihyperlipidaemic activity in animal models	Prof Abdul Wadud	Dr Hamiduddin
10	Dr Nusra Akbari	Evaluation of a non pharmacopeial Unani formulation containing Gulnar, Gilo, Gudmar, Jamun and Khurfa for its antihyperglycaemic activity in experimentally induced type-2 Diabetes Mellitus	Prof Abdul Wadud	Dr Hamiduddin
11	Dr Fathima Nairoza Jamal	Immunomodulator effect of <i>Shahtra</i> (<i>Fumaria parviflora</i>) in experimental animals	Dr Ghulamuddin Sofi	

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12	Dr Ajaz Ahmad	Whole extract optimization of Sana (<i>Cassia angustifolia</i> Vahl) by response surface methodology	Dr Ghulamuddin Sofi	Dr Hamiduddin
13	Dr Fayaz Ahmad Shaksaz	Documentation status of claims for Dawae Hildeet and screening of its antipyretic activity in experimental animals	Dr Ghulamuddin Sofi	
14	Qamrul Islam Usmani	Evaluation of Arq Ajeeb for its efficacy in certain experimentally induced visceral pain models	Dr. Nasreen Jahan	
15	Dr. Mohd Aleem	Evaluation of <i>nootropic</i> activity of <i>Majoon Vaj</i> in experimental animal	Dr. Md Imran Khan	Dr. Shariq Shamsi
2019-20				
16	Dr Mustaqueem Khan Munaf Khan	Evaluation of in vitro antimicrobial activity of Qurs Afsanteen	Prof Abdul Wadud	
17	Dr Zikra Tahseen	Evaluation of the concept of Mufatteh sudad drugs and relevant models for it's screening in Unani medicine	Dr Ghulamuddin Sofi	
18	Dr. Asiya Rashid	Screening the larvicidal effect of Dawa e Hildeet using Instar larvae	Dr Ghulamuddin Sofi	
19	Dr Zeba Reyaz	Evaluation of Fil daraz in experimentally induced SD Rat in hypothyroidism	Dr Ghulamuddin Sofi	
20	Dr. Sofiya	Evaluation of Arq Ajeeb for its muscle relaxant and anti nociceptive properties in experimental model	Dr. Nasreen Jahan	
21	Dr. EMGK Naseeha Begum	Screening of a few Unani drugs with reference to <i>Kitabul advia wal qalbiya</i> for antihypertensive activity in rat model	Dr. Nasreen Jahan	Dr. Khaleequr Rehman
22	Mohammed Shakeeb Fahad	Evaluation of Deobsturent and Antioxidant activities of <i>Safoof Daroonaj</i> with special reference to its Cardio protective effect	Dr Najeeb Jahan	
23	Dr. EMGK Naseeha Begum	Standardization of Majoon Vaj and Evaluation of its In Vitro Antioxidant Activity	Dr. Md Imran Khan	Dr. Shariq Shamsi



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3. DEPARTMENT OF TAHAFUZI WA SAMAJI TIB

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Saba Parween	Study of Knowledge of mode of administration of Unani drugs among patients attending NIUM Hospital	Dr.Arish M.K Sherwani	
2	Mohd. Imlaque	An Open interventional field trial of Ghazae Husne Afza in Busoor Labniya(Acne Vulgaris) among workers of MSME(Micro,Small and Medium enterprises) in Kottigepalya, Bangalore	Dr.Arish M.K Sherwani	
3	Iftikhar Ahmed	Study to assess compliance on Unani medicine among the Patient attending NIUM Hospital, Bengaluru	Dr. Abdul Haseeb Ansari	
4	Sarfraz Ahmad	Preventive effect of Darchini against zaufehazm caused by sue mizajbarid	Dr.Zarnigar	
5	Sayed Mohamed Noorul Ameen	Prevalence of Tobacco use among the school going adolescents of Bengaluru	Dr.Zarnigar	
6	Ejaz Ahmed	Patients perception on quality of medical care, services, delivery at National Institute of Unani Medicine, Hospital, Bengaluru	Dr.Malik Itrat	
2018-19				
7	Dr. Manzoor Ahmad Mir	Study of Prevalance of obesity among Micro, Small and Medium Enterprises	Dr. Arish M.K Sherwani	
8	Dr. Mohd Azhar	Study of occupational stress among the workers of Micro, Small and Medium Enterprises	Dr. Arish M.K Sherwani	
9	SabaVarsee	Assessment of Depressionand its Determinants in the Patients attending NIUM Hospital - A Cross Sectional Study	Dr. Abdul Haseeb Ansari	
10	Sumaira Bashir	A Study on Knowledge, Attitude and Practices regarding antenatal care among pregnant women attending antenatal clinic	Dr. Abdul Haseeb Ansari	
11	Syed Ameer Hasan	Evaluation of antimicrobial Effect of Kahu, Piyaz &Qaranfal against waterborne pathogens: potential application in water disinfectant	Dr. Zarnigar	



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12	Deepika Priyadarshini	Effect of Majoon Jayyad on motor functions and quality of life in subjects with residual hemiplegia	Dr. Zarnigar	
13	Shaista Mahfooz	Effect of fumigation of Unani formulation in reducing the microbial load in ambient air	Malik Itrat	
2019-20				
14	Mohd Suhail	An open intervention trial of Qurse Ziabetes (A formulation of Sabith bin Qurrah) in the secondary prevention of Ziabetes Shakri (Diabetes mellitus Type 2)	Dr. A. M.K. Sherwani	
15	Safder Husain	Study of Prevalence of Faqral-Dam (Anaemia) Among School Going Children	Dr. A. M.K. Sherwani	
16	Shehilla	Assessment of <i>Mizāj</i> in the patients of <i>Amrād-i-A 'šāb</i> attending NIUM Hospital - A Cross Sectional Study	Dr. Abdul Haseeb Ansari	Prof. Mohd. Zulkifle
17	Uzma Siddiqui	To Determine the Prophylactic Effect of <i>Hulba</i> in Pre-Diabetic Patients attending NIUM, Hospital	Dr. Abdul Haseeb Ansari	
18	Chand Bibi	Role of Topical application of Polyherbal Formulation in Photodamaged Facial skin: An open- label Study	Dr. Zarnigar	
19	Molligoda Gedara Abdeen Mohamed Fuard Mohamed Fahim	Single blind randomized controlled trial in school children with prepared herbal mouth wash in maintaining oral health in Bangalore	Dr. Zarnigar	

4. DEPARTMENT OF ILMUL QABALAT WA AMRAZE NISWAN

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Fatima Jabeen	Efficacy of Unani formulation in PID –A randomised standard controlled clinical study	Dr. Wajeeha begum	
2	Shamim Ansari	Efficacy of Abzan in <i>Quruhal Rahim</i> with Unani formulation - An open observational study	Dr. Wajeeha begum	

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3	Zainab Zubair	Effect of <i>Sharbat Afsanteen</i> in Poly Cystic Ovarian Disease – An Open Observational Study	Dr. Ismath shameem	
4	Khan sabira khaton shahmeer	Effect of a unani formulation in Heavy Menstrual Bleeding – A clinical study	Dr. Ismath shameem	
5	Marhaba khanam	Effect of <i>Bisfajej</i> in Premenstrual Syndrome: A Randomised Controlled Study	Dr. Arshiya sultana	
6	Habiba Suhail	Effect of <i>Majoon Murmakki</i> in <i>Usre Tams</i> (Dysmenorrhoea) - A Randomized Standard Controlled Clinical Study	Dr. Kouser Fathima Firdose	
2018-19				
7	Huma	Effect of hamul of <i>Marham-e- dakhilyun</i> and <i>Roghan-e-sauson</i> in cervicitis- An open observational clinical study.	Prof. Wajeaha Begum	
8	Rabia Basri	Effect of a Unani formulation in <i>Sayalan al-Rahim</i> (Leucorrhoea)- An Open Observational Study	Prof. Wajeaha Begum	
9	Ghufran Najeeb	Effect of <i>Qurs-i-Shibb</i> in <i>Kathrat-i-Tamth</i> : An observational clinical study.	Prof. Wajeaha Begum	
10	Farha Naz	Effect of a Unani formulation & <i>hijamah bila shurt</i> in Primary dysmenorrhoea – A comparative open label observational study	Dr. Ismath Shameem	
11	Rummana Kauser Shabbir Ahmed	Effect of a Unani formulation on menstrual cyclicity in women with Polycystic Ovarian Syndrome – A single arm open label observational study	Dr. Ismath Shameem	
12	Heena parveen	Effect of Anjeer as a nutritional supplement in Iron Deficiency Anemia during Pregnancy- An open observational study.	Dr. Kouser Fathima Firdose	
2019-20				
13	Shabnam Bano	Effect of <i>Saleekha</i> and <i>Majeeth</i> in Polycystic ovarian disease. An open Observational study.	Prof. Wajeaha Begum	
14	Shazamani. S	Effect of <i>tukhme khatmi</i> in cervicitis- An open observational clinical study.	Prof. Wajeaha Begum	
15	Syeda Sumaiya	Comparative effect of Zarawand and Qust in Primary Dysmenorrhea – A Randomized clinical study	Prof. Wajeaha Begum	



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16	Meharunnisa	Effect of <i>Sharbat-i-Anar Sheerin</i> in Nausea and Vomiting in Pregnancy – An open observational study	Dr. Ismath Shameem	
17	Vandana Rajak	Effect of <i>Murr Makki</i> in abnormal vaginal discharge– An open observational study	Dr. Ismath Shameem	
18	MJ Aynul Fazmiya	Effect of Shyaf of Gond-i-Babul and Kafoor in Kathrat-i-Hayd (Heavy Menstrual Bleeding)-A Randomized Controlled Study	Dr. Arshiya Sultana	
19	Sumbul	Effect of Hamul of Roghan-e-Gul with Kunjad in Uncomplicated Pelvic Inflammatory Disease: A Randomized Standard Controlled Study	Dr. Arshiya Sultana	

5. DEPARTMENT OF ILMUL SAIDLA

2017-18

Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Tabassiya Kowser	Design, development and evaluation of efficacy of anti-microbial soap	Prof. Roohi Zaman	Dr Muzaffar Bhat
2	MD. Naquibuddin	Accelerated Stability study of Safoof Muqliyasa and Safoof Mulayyin	Dr. Hamiduddin	
3	Fakeha Firdose	Formulation and Evaluation of Vaginal Suppositories Prepared with Extract of <i>Berge Hina (Lawsonia inermis L.)</i>	Dr. Khaleequr Rahman	Dr. Arshiya Sultana
4	Dr.Hina Anjum	Design and Development of a Unani Cream for <i>Qooba (Dermatophytosis)</i>	Dr. Shariq Shamsi	Prof. Ghulamuddin Sofi

2018-19

5	Mohd Anees	Optimization of the binding effect of various Rabitat (binders) of Banadiqul buzoor and Habbe Surfa	Prof. Roohi Zaman	
6	Sayma Nagori	Formulation and pharmacological evaluation of a Unani cream for Psoriasis	Dr. Hamiduddin	
7	Shamshiya Khatoon	Formulation Development and Standardization of Granular Dosage Form Prepared from <i>Murawwaqain</i>	Dr. Khaleequr Rahman	
8	Dr.Baig Ruqaiyya Mohd Hushamuddin (In Progress)	Design and Development of a Unani Eye Drop (<i>Qatūr-i- Chashm</i>) for <i>Ramad (Conjunctivitis)</i>	Dr. Shariq Shamsi	Dr. Md Imran Khan

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2019-20				
9	Sumayya Sadia	Development of Anti-inflammatory cream and efficacy evaluation in rat model	Prof. Roohi Zaman	Dr Nasreen Jahan
10	Sabeena Shah	Formulation and physicochemical evaluation of Joshanda Munzije Balgham as granules	Dr. Hamiduddin	
11	Shakreen Naz	Development and Standardization of Tablet Dosage Form from the Ingredients of <i>Habbe Zeequn Nafas</i>	Dr. Khaleequr Rahman	Dr. Nasreen Jahan
12	Dr A Farhath Fathima	Development and Evaluation of Unani Transdermal Patch for Nisyan (Dementia)	Dr. Shariq Shamsi	Dr. Md Imran Khan

6. DEPARTMENT OF KULLIYAT

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Syeda Kharshiya Saher	Explanation of Physiopathology of Amaze Sawdawiyya in Present Perspective	Prof. Mohammad Zulkifle	
2	Nazma Khan	A Study on applied aspect of <i>Af'āl -e-Tanāsuliyya</i>	Prof. Mohammad Zulkifle	
3	Nabila Subhan	A Study on changes in colour and viscosity of urine of the patients on <i>Munzij</i> therapy	Dr. Tariq Nadeem Khan	Dr. Mohd. Nayab
4	Naseebullah	evaluation of the concept of physiopathology and description of <i>Amraz-e-Balghamia</i> in present perspective	Dr Wasim Ahmad	
2018-19				
5	Sana Kausar	Study of Khilt -i- Safra and its disorders in present perspective.	Prof. Mohammad Zulkifle	
6	Sayed Tauleha Tabassum Tayyeb Bukhari	Study of Afale Nafsaniyya and their abnormalities	Prof. Mohammad Zulkifle	
7	Farheen Musharraf	Role of Mizaj in Tashkheese Amraz	Dr. Tariq Nadeem Khan	

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8	Tahseen Nesargi	Study of Khilt-e-Dam and its disorders in present perspective.	Dr Wasim Ahmad	
2019-20				
9	Shamim Uzma	An explanatory study of <i>Hudum Arba'a</i> and their abnormalities.	Prof. Mohammad Zulkifle	
10	Waqar Ahmed	Evaluation of Emerging Diseases in The Perspective of Unani System of Medicine	Prof. Mohammad Zulkifle	
11	Afshana Nabi	An Explanatory Study on Afal Haywaniyya and Their Related Abnormalities	Dr. Tariq Nadeem Khan	
12	Abdul Malik	Preparation of Tool for Determination of <i>Mizaj-e-Insani</i>	Dr Wasim Ahmad	

7. DEPARTMENT OF JARAHAT

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Dr. Mohammad Muzammil	Effect of Zaroor-e-Ajeeb in the management of Non-healing ulcer)-An Observational Clinical study.	Prof. Saiyad Shah Alam	
2	Dr. Fazlur Rehman	<i>Therapeutic evaluation of Safoof-e-Pattharphori with Sharbat bazoori moatadil in patients of Hasat-ul-Kulya (Renal Stone) - An Observational Clinical Study</i>	Dr. Mohammad Shakeel Ansari	
3	Dr. Nazmeen Shakeel	Effect of Unani Formulation in Shiqaqe Maqad Haad (Acute Anal Fissure)-An Observational Clinical Study	Dr. Firdous Ahmad Najar	
4	Dr. Khan Momina Shamsul Huda	Efficacy of a Unani formulation in <i>Bawaseer-e-ghaira</i> (Internal haemorrhoids of first and second degree)- An observational clinical study.	Dr. Mehjabeen Fatimah	
2018-19				
5	Dr. Manzar Ali	Effect of Kundur, Anzaroot, Gulnar and Zarawand in the management of Non-Healing ulcer -An interventional clinical study.	Prof. Saiyad Shah Alam	
6	Dr. Ayisha K	Evaluation of Marham-e-Kafoori in the treatment of Shiqaq-al-Maqad (Anal Fissure)- An interventional clinical study.	Dr. Firdous Ahmad Najar	

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7	Dr. Jamaluddin	Effect of Majoon <i>Sang Sar-e-mahi</i> in Hasat-e-Bauliyah (Urolithiasis) -An Observational Clinical study.	Dr. Mohammad Shakeel Ansari	
8	Dr. Mohammad Shoeb Mansoori	Efficacy of Itrifal Muqil in Bawaseer-e-Ghaira (Internal Haemorrhoids of first and second degree)-An Observational Clinical study.	Dr. Mehjabeen Fatimah	
2019-20				
9	Dr. Rabba Tabassum.M	A Comparative Clinical study of Marham-e-Khal and Povidone Iodine 5% Ointment in Non-healing ulcers.	Prof. Saiyad Shah Alam	
10	Dr. Wazeef Akhtar Momin	A comparative study of Marham-e-Safedab with Diltiazem gel 2% in Shiqaqe Maqad (Anal Fissure)	Firdous Ahmad Najar	
11	Dr. Farheen Khan	Therapeutic evaluation of Joshanda Baranjasif in patients of Hasat-ul-kuliya	Dr. Mohammad Shakeel Ansari	Dr. Abdul Azeez
12	Dr. Adil Suboor	Therapeutic evaluation of Hajrul Yahood (<i>Lapis judaicus</i>) in patients of Hasat-e-Bauliyah (Urolithiasis)	Mehjabeen Fatimah	

8. DEPARTMENT OF ILAJ BIT TADBEER

2017-18				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Mohd Rashid	Efficacy of <i>Hijama-Bila-Shart</i> in treatment of pain and disability of Hemiplegic Shoulder Pain	Prof. Abdul Nasir Ansari	
2	Mohammad Zaki Ahmad	Efficacy of <i>Hammam-i-yabis</i> in Metabolic Syndrome	Prof. Abdul Nasir Ansari	
3	Manchala Ashok	Comparative evaluation of effects of <i>Hijamah bila Shart</i> and TENS (<i>Transcutaneous Electrical Nerve Stimulation</i>) in <i>Wajaur zahr</i>	Dr. Hamid Ali	
4	Mearaj ul Islam	A Randomized Comparative Clinical Trial on the Effect of <i>Hijamah bilii Shart</i> versus <i>Dalk-i- Layyin Kathir</i> with <i>Roghan-i-Babunah</i> in the management of <i>Waja' ur Rukbah</i> (Knee Osteoarthritis)	Dr. Mohd Nayab	
5	Jamil Ahmad	Long term efficacy evaluation of <i>Irsal-i-Alaq</i> (leech therapy) in <i>Qooba</i> (Dermatophytosis)- A randomised standard controlled open clinical study	Dr. Abdul Azeez	

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2018-19				
6	Nida Khan	Comparative clinical study between Regimens of <i>Tanqia wa Tadeel</i> and Physiotherapy Exercises in Hemiplegic Gait Rehabilitation	Prof. Abdul Nasir Ansari	
7	Fatima Khan	Application of Medicated <i>Khubz</i> for Pain Alleviation in Non-specific Low Backache - A Randomized Controlled Clinical Trial	Prof. Abdul Nasir Ansari	
8	Ayesha Tehseen	Efficacy of <i>Hijama Bila Shart</i> in <i>Wajaur Raqaba</i> - A randomized clinical trial"	Dr. Hamid Ali	
9	Hina Kouser V	Efficacy of <i>Hijama Bish Shart</i> in the pain management of <i>waja' ur raqaba</i> (cervical spondylosis) - a randomized controlled clinical trial	Dr. Mohd Nayab	
10	Zaib Zarrin	Efficacy of <i>Hijama Bili Shart</i> (dry cupping) versus <i>Hijama-i-Nariya</i> (fire cupping) in ' <i>Usr-i-Tamth</i> (Primary Dysmenorrhea): A randomized comparative clinical study	Dr. Abdul Azeez	
2019-20				
11	Kulsum	Efficacy of <i>Roghan-e-Babchi</i> , <i>Majoon-e- Ushba</i> and <i>Hammam-e-Shamshi</i> (Sun Bath) in <i>Taqashshur-e-Jild</i> (Chronic Plaque Psoriasis): A randomized controlled clinical trial.	Dr. Hamid Ali	
12	Mehak Rao	Efficacy of <i>Munzija wa Mushil-i-safra</i> and <i>Hijama Bila Shart</i> (Dry Cupping) in the treatment of <i>Usabah</i> (Chronic Tension -Type Headache)	Prof. Abdul Nasir Ansari	
13	Umme Ayman	Efficacy of <i>Irsal-i-'Alaq</i> (Leech therapy) and <i>Zimad</i> (Paste) in <i>Taqashshur - i- Jild</i> (Psoriasis): A Comparative Randomised Clinical Trial	Dr. Mohd Nayab	
14	Mohammad Usama	Comparative Efficacy of <i>Dalk-i-Sulb</i> versus <i>Dalk-i-Layyin</i> using <i>Roghan-i-laqwa</i> on motor recovery in <i>Falij-i-Nisfi</i>	Prof. Abdul Nasir Ansari	
15	Zaheer Ahmad	Efficacy of <i>Fasd</i> (venesection) in the management of ' <i>Irqunnasa</i> (Sciatica) - A Randomized Controlled Study	Dr. Abdul Azeez	Dr. Mohammad Shakeel Ansari

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9. DEPARTMENT OF MAHIYATUL AMRAZ

2018-19				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Syed Sadakathula Bhaktiari	Evolution of Mahiya-tul Amraz: A historical perspective	Prof. Mohammad Zulkifle	Prof. Abdul Wadud
2	Massarat Yousf	Study of Classification of diseases in Unani System of Medicine	Dr. Tariq Nadeem Khan	
3	Neha Bharti	Study of concept of <i>Harārat-e-Gharīziyya</i> and <i>Harārat -e-Gharība</i>	Dr. Wasim Ahmad	
4	Md.Khursid Alam Ansari	Study of effect of ageing on weight bearing joints	Dr. Azizur Rahman	
5	Sana Kauser Ateeque Ahmed	Study of role of <i>Sū'-i-Mizāj</i> in <i>Amrād-i-Nizam-i-A 'ṣab</i>	Dr. Tasfiya Hakeem Ansari	
2019-20				
6	Sidra	Study on changes of colour and viscosity of urine after administration of <i>Mundij-i-Balgham</i>	Prof. Abid Ali Ansari	Dr. Renuka B. N
7	Tabish Bashir	Explanation of <i>Sū'-i-Mizāj Hār Jigar</i> and its systemic manifestation	Prof. Abid Ali Ansari	Dr. Tariq Nadeem Khan
8	Sanila Adil Zafar	Understanding the diagnosis of disease on the basis of ' <i>Alāmāt</i>	Prof. Abid Ali Ansari	Dr. Wasim Ahmad
9	Aumir Rasool	Explanation of pathogenesis of <i>Māddī Amrād-e-Dimāgh</i>	Dr. Azizur Rahman	
10	Sabiha Rasulsab Arjunagi	Prognostic importance of <i>Rasūb-e-Bawl</i> (urine sediments) in Diseases of Urinary System	Dr. Tasfiya Hakeem Ansari	

NATIONAL INSTITUTE OF UNANI MEDICINE, BENGALURU
Research Programmes during Last Three Years

10. DEPARTMENT OF AMRAZE JILD WA TAZEENIYAT

2018-19				
Sl.No.	NAME OF SCHOLAR	RESEARCH TOPIC	GUIDE	CO-GUIDE
1	Mohd. Uwais Faisal	Efficacy of <i>Itriphal Sagheer</i> and Hair Oil Formulation in Premature Hair Greying- An open Labelled Single Armed Clinical Study	Dr. Qutubuddin	
2	Mohammed Danish	Efficacy of <i>Majoone Shahatra</i> and <i>Zimad</i> in Tinea Cruris- An open Labelled Single Armed Interventional Clinical Study	Dr. Mohammad Ruman Khan	
3	Sultana Anjum	Efficacy of Unani Formulation in <i>Busoore Labniya</i> (Acne Vulgaris): An Open Labelled Single Armed Clinical Study	Dr. MDA Bhatt	
4	Faisal Manzoor	Efficacy of <i>Tila Bars-e-Aswad</i> and a <i>Majoon</i> in Plaque Psoriasis- An open Labelled Single Armed Clinical Study	Dr. Abdul Mubeen	
5	Sana Naseem	Efficacy of <i>Itriphal Shahatra</i> and Roghne Amla Khas in <i>Inteshare al Sha'r</i> (Male Androgenic Alopecia)- An open Labelled Interventional Clinical Trial	Dr. Afreen Siddiqui	
2019-20				
6	Shameedbi Reshmi	Description of <i>Amraz-e-Sha'r</i> (Hair Disorders) in Unani System of Medicine	Prof. Mansoor Ahmad Siddiqui	
7	Sumbul Nida	Efficacy of <i>Habbe Ayarij</i> and <i>Tila Barse Aswad</i> in Lichen Planus_ -An open Labelled Single Armed Clinical Study	Prof. Mansoor Ahmad Siddiqui	
8	Farzana Akhter	Efficacy of <i>Itriphal Muqawwi Dimagh</i> and <i>Safo of Gesu Daraaz</i> in Diffuse Hair Loss (<i>Inteshar-e-Sha'r</i>)- An open Labelled single Arm Clinical Study	Prof. Mansoor Ahmad Siddiqui	
9	Sabreena Bashir	Efficacy of <i>Majoon Mundi</i> and <i>Roghane Gul</i> in Chronic Plaque Psoriasis (<i>Taqashure Jild</i>)- A Randomize Control Clinical Trial	Dr. Qutubuddin	
10	Saba Khanum	Efficacy of <i>Majoon Shahatra</i> and <i>Marham Raal</i> in <i>Nare Farsi Muzmin</i> (Chronic Eczema)- An open labelled single armed Clinical Study	Dr. Mohammad Ruman Khan	